

Dyadic Developmental Psychotherapy 2021 Conference

Connection at the Core: DDP as a Framework for
Addressing Relational Trauma Across Models and Systems

June 14-16, 2021 Virtual



Hosted by



Conference Full Schedule & Speaker Biographies

June 14, 15, 16, 2021

Overall Conference Learning Objectives

By the end of this conference, participants will be able to:

1. Understand how relational safety is critical to prepare new learning for individuals, families, organizations and systems.
2. Understand how relational trauma models such as DDP and AEDP create that safety.
3. Explain the importance of cultural humility and anti-oppressive practices in trauma-informed work.

On-Demand Available June 1, 2021

1. Stay with It and Stay with Me: Experiential Processing of Deep Relational Experience (Pre-recorded)

Dr. Diana Fosha

In this 5-hour workshop, Diana Fosha will show how make use of the patient-therapist relationship to work as systematically and as deeply with relational experience, as we do with other kinds of emotional experiences. Making use of videotapes of actual therapy sessions, she will showcase two of AEDP's hallmark techniques -- relational processing of the experience of self in the dyad and the meta-therapeutic processing of transformational experience -- and their use in healing attachment trauma.

Objectives:

At the end of this workshop, learner will be able to:

1. Identify three techniques for the processing of relational experience in AEDP.
2. Describe how to use meta-therapeutic processing to solidify therapeutic gains.
3. Track somatic and affective markers moment-to-moment to gain access to in-session adaptive emotional experience.

To receive educational credits for this session, delegates must attend Dr. Fosha's live Q&A on Monday June 14th.

2. Healing Relational Trauma Through Dyadic Development Psychotherapy (Pre-recorded)

Dr. Dan Hughes

In this 5- hour presentation on how Dyadic Developmental Psychotherapy (DDP) heals relational trauma. This includes:

1. The theoretical foundations in attachment, intersubjectivity, trauma, and interpersonal neurobiology.
2. The core principles of DDP including establishing an intersubjective stance, Affective-Reflective Dialogue, PACE, co-regulation of affect & co-creation of stories.
3. Demonstration of DDP through presenting cases and a role play involving a parent and teen.

Objectives:

At the end of this workshop the learner will be able to:

1. Describe three impacts of relational trauma on child development.
2. Describe how the three main components of intersubjectivity are utilized in DDP.
3. Describe three ways that the DDP therapist ensures that the actions of the parent will generate safety in the treatment sessions.
4. Describe three features of therapeutic conversations with children in DDP.

***To receive educational credits for this session, delegates must attend Dr. Hughes' live Q&A on Monday June 14th.**

Pre-Conference: Monday June 14, 2021

9:00 – 9:05 **Welcome**
Leticia Gracia, Dr. Sian Phillips

9:05 – 10:30 **Live Q&A with Dr. Dan Hughes**
Healing Relational Trauma Through Dyadic Developmental Psychotherapy (for delegates who watched Dr. Hughes' pre-recorded 5 hour session. Canadian/US Psychiatrists must attend this session to receive educational credits for pre-recorded sessions.)

10:30 – 10:45 **Break**

10:45 – 12:15 **Live Q&A with Dr. Diana Fosha**
Stay with It and Stay with Me: Experiential Processing of Deep Relational Experience (for delegates who watched Dr. Fosha's pre-recorded 5 hour session. Canadian/US Psychiatrists must attend this session to receive educational credits for pre-recorded sessions.)

Conference Day 1: Tuesday June 15, 2021

8:15 – 8:30 **Welcome**
Leticia Gracia, Dr. Sian Phillips

8:30 – 10:45 **The Integration of Accelerated Experiential Dynamic Processing & Dyadic Developmental Psychotherapy**
Dr. Diana Fosha and Dr. Dan Hughes

The core similarities of therapeutic goals and interventions between AEDP & DDP will be presented. This will include how the individual work in AEDP with Adults complements the work in DDP with the parents in the family sessions. Features of the therapeutic work in creating safety and a transforming relationship with the child or teen will be explored from an AEDP perspective. A case example from AEDP and a role play of a DDP session will be explored from both therapeutic perspectives. There will be Q&A during the session.

Objectives:

At the end of this lecture/workshop, learner will be able to:

1. Identify three similarities between AEDP and DDP.
2. Describe how affect is utilized in both AEDP and DDP.
3. Describe the intersubjective therapeutic stance of both AEDP & DDP.
4. Describe how relational trauma is integrated in both AEDP & DDP.

10:45 – 10:55 Honouring Dr. Dan Hughes

Leticia Gracia

10:55 – 11:15 Break

11:15 – 12:45 Symptoms of Trauma in Young Children & Interventions

Dr. Helen Minnis

In this session, Dr. Minnis will give an overview of the complex mix of problems that children often have if they have experienced abuse and neglect in early childhood and the way those problems challenge family relationships. She will describe the ways DDP is provided in the UK and the complicated network of services that families have to navigate to get the help they need – whether DDP or other services. Lastly, she will describe the new randomized controlled trial of DDP and explain why randomisation is so important. This part of the session will include an overview of the “logic model” for DDP and why the DDP Institute has decided on certain features of DDP delivery that we hope will be most helpful for families. At multiple points during the presentation Dr. Minnis will ask participants to discuss aspects of the presentation in breakout groups and post their responses in the chat. There will also be a live Q&A at the end.

Objectives:

At the end of this lecture/workshop, learner will be able to:

1. Understand the complex interplay between children's neurodevelopmental and trauma-related problems.
2. Understand how “faulty signaling” can be so challenging for families.
3. Reflect on why it is often so difficult for families to find the right treatment for their child at the right time.
4. Understand why science is so important to help families, clinicians, social workers and policy makers find what works and what might not work for this group of children.

12:45 – 1:15 **Lunch**

1:15 – 2:15 **Historias De Mis Padres (Stories of my Parents)**

Randy Maldonado, LCSW

Exploring the importance of engaging in critical examinations of implicit biases and microaggressions and the implications of intentional relational repair among marginalized and overexploited communities, through a storytelling lens. Presentation will include discussion, and simulation exercises.

Objectives:

At the end of this lecture/workshop, learner will be able to:

1. Reflect on the impact of implicit biases and micro-aggressions on relational safety using an intersectional lens.
2. Understand the importance of relational repair in response to cultural and/or racial harm.

2:15 – 2:25 **Wrap Up**

Dr. Sian Phillips, Leticia Gracia

Conference Day 2: Wednesday June 16, 2021

9:00 – 9:05 **Welcome**

Leticia Gracia, Dr. Sian Phillips

9:05 – 11:15 **Indigenous Approaches to Relational Trauma**

Dr. Patricia Vickers

On the northwest coast of British Columbia there is a belief and teaching that when a traumatic event happens the individual's soul or part of their soul is stuck in the geographical location—soul loss. Soul retrieval is, then, returning to the traumatic event to retrieve the soul, the child self. Presentation will include a meditative practice for internal inquiry as well as breath work for self-regulation.

Objectives:

At the end of this lecture/workshop, learner will be able to:

1. Describe an overview understanding of northwest coast beliefs about trauma.

2. Discuss an understanding of ancestral law and how it relates to cultural oppression and freedom.
3. Discuss northwest coast perspectives of healing and spiritual balance.
4. Discuss basic principles of self-inquiry and how the importance when exploring Indigenous teachings.

11:15 – 11:30 **Break**

11:30 – 12:30 **Clinical Reflections: Panel Discussion on DDP**

Dr. Elizabeth Studwell, Johanna Stenström and other DDP therapists, moderated by Dr. Dan Hughes and Dr. Sian Phillips

A group of experienced practitioners will discuss their experiences of working from the DDP model. Dr. Dan Hughes, the founder of DDP, will ask panel members to reflect on what drew them to DDP, what helps them persist in working with challenging cases and how they adapted during the past year to maintain relational safety using tele-health platforms. This will be a live discussion with audience questions throughout.

Objectives:

At the end of this lecture/workshop, learner will be able to:

1. Learn through stories and reflections how DDP clinicians are integrating DDP within different populations, countries and cultures.
2. Understand how DDP as a model can allow for unique clinician interests and experiences within therapeutic relationships.

12:30 – 1:00 **Lunch**

1:00 – 2:00 **The Acute and Chronic Effects of Early Life Stress on Brain Development**

Dr. Jon Baylin

The acute and chronic effects of early life stress on brain development: Dr Baylin will describe recent brain research that can help attendees understand how early life stress can engender chronic self-defense and a state of “learned hopelessness”. The session will include concepts of social buffering, amygdala whispering, good surprises, and the power of storytelling to help reawaken hope and potential for engagement in children with learned helplessness.

Objectives:

At the end of this lecture/workshop, learner will be able to:

1. Understand how early life adversity promotes chronic suppression of the social engagement system.
 2. Help therapists to help caregivers understand why their child may have developed "learned hopelessness."
 3. Apply the concepts of Social buffering and Good Surprises to their work with traumatized children.
1. Apply an understanding of how story telling can help their clients change negative beliefs about self.

2:00 – 2:30 Whose Shame is it Anyway?

Hon. Jean Augustine, P.C., C.M., O.Ont, C.B.E.

The Honorable Jean Augustine will reflect on her many experiences as a Black woman who has devoted her life to breaking down barriers for women and people of colour in Canada. She will address how experiences of racism often leave victims of racism with feelings of shame. She will talk about the stance that she adopted that protected her and her community from internalized racism in her journey to become the first Black woman elected to the House of Commons.

Objectives:

At the end of this lecture/workshop, learner will be able to:

1. Describe how experiences of racism often leave victims of racism with feelings of shame.
2. Learn how Dr. Jean Augustine adopted a stance that protected her and her community from internalized racism as she worked to break barriers for people of colour and women in her journey to become the first black woman elected to the House of Commons.

2:30 – 3:00 Closing: Looking to the Future

Dr. Courtney Rennie, Betty Brouwer, Dr. Sian Phillips, Leticia Gracia

Speakers



Diana Fosha, Ph.D. is the developer of AEDP (**A**ccelerated **E**xperiential-**D**ynamic **P**sychotherapy), and Director of the AEDP Institute. For the last 20 years, Diana has been active in promoting a scientific basis for a healing-oriented, attachment-emotion- and transformation-focused trauma treatment model. Fosha's work focuses on integrating neuroplasticity, recognition science and developmental dyadic research into experiential and transformational clinical work with patients. The most recent work focuses on flourishing as a seamless part of healing attachment trauma.

She is the author of *The transforming power of affect: A model for accelerated change* (Basic Books, 2000); co-author, with Natasha Prenn, of *Supervision essentials for Accelerated Experiential Dynamic Psychotherapy* (APA, 2016); 1st editor, with Daniel Siegel and Marion Solomon of *The healing power of emotion: Affective neuroscience, development & clinical practice* (Norton, 2009), and editor of the soon to be released *AEDP 2.0: Undoing aloneness and the transformation of suffering into flourishing* (APA, in press). Three DVDs of her live AEDP clinical work, including one documenting a complete 6-session treatment, and one on clinical supervision have been issued by the American Psychological Association (APA). Described by psychoanalyst James Grotstein as a "prizefighter of intimacy," and by David Malan as "the Winnicott of [accelerated] psychotherapy," Diana Fosha's writing style is powerful, precise yet poetic and evocative. Her phrases, ---"undoing aloneness," "existing in the heart and mind of the other," "stay with it and stay with me," "rigor without shame" and "True Other" -- capture the ethos of AEDP.

Diana Fosha lives and practices in New York City, presents at international conferences, and leads workshops and trainings worldwide. Many of her papers are available through the AEDP website at www.aedpinstitute.org



Dan Hughes, Ph.D. is a clinical psychologist who founded and developed Dyadic Developmental Psychotherapy (DDP), the treatment of children who have experienced abuse and neglect and demonstrate ongoing problems related to attachment and trauma. This treatment occurs in a family setting and the treatment model has expanded to become a general model of family treatment. Dan speaks internationally and is engaged in extensive training, consultation, and supervision, including the certification of therapists in his treatment model. He also is the author of numerous books and articles.



Professor Helen Minnis, Ph.D. is a Professor of Child and Adolescent Psychiatry at the University of Glasgow. She has had a longstanding clinical and research focus on the psychiatric problems of abused and neglected children. She has collaborations with colleagues at the Institute of Psychiatry, Psychology and Neuroscience at King's College London, the Universities of Aalborg and Aarhus, Denmark, Tulane University, New Orleans, US and with the Gillberg Neuropsychiatry Centre, Gothenburg, Sweden. Currently her focus is on intervention research, including a

randomised controlled trial of an infant mental health service for young children in foster care and a randomised controlled trial of Dyadic Developmental Psychotherapy for primary school-aged children in adoptive or foster placements.



Dr. Jon Baylin received his PhD in clinical psychology from Peabody College of Vanderbilt University in 1981. For the past twenty years, while continuing his clinical practice, he has immersed himself in the study of neuroscience and in teaching mental health practitioners about the brain. He has given numerous workshops for mental health professionals on "Putting the Brain in Therapy" and has delivered keynote addresses internationally and nationally at conferences on childhood trauma and attachment. Several years ago, Dr. Baylin began a collaborative relationship with Daniel Hughes, a leader in the

field of attachment-focused therapy. Their first book, **Brain Based Parenting**, was released by Norton Press in the spring of 2012 as part of the Norton series on Interpersonal Neurobiology. In 2016 their second book, **The Neurobiology of Attachment-focused Therapy**, was released by Norton and also included in the Interpersonal Neurobiology series.



Dr. Patricia Vickers, Indigenous teacher, artist, psychotherapist and spiritual director, is a featured presenter. Dr. Vickers grounds her trauma service training and clinical sessions on ancestral law and ancestral teachings of soul loss and soul retrieval and incorporates these understandings in her sessions

<http://www.fp-artsmap.ca/person/patricia-june-vickers-phd> <http://www.patriciajunevickers.com> <http://www.fp-artsmap.ca/person/patricia-june-vickers-phd>



The Honourable Dr. Jean Augustine P.C., C.M., O.Ont., C.B.E.

Jean Augustine made history as the first Black Woman elected to Canada's Parliament, serving from 1993-2006. Her roles included Parliamentary Secretary to the Prime Minister; Minister for Multiculturalism and the Status of Women; Chair of the Foreign Affairs Committee; and Deputy Speaker.

Her legislative successes include both the historic Black History Month Motion, and the Famous Five Motion honouring women's suffrage.

From 2007 to 2015, she was Ontario's first-ever Fairness Commissioner.

In 2008, the *Jean Augustine Chair in Education, Community & Diaspora* was launched at York University to help advance education, equity and inclusiveness.

Today, also in her name are a *Girls' Leadership Academy* in Scarborough; a *Centre for Young Women's Empowerment* and municipal park in Etobicoke; a *Secondary School* in Brampton, and a multi-purpose complex and district park in Vaughan.

She is a member of the Order of Canada and Commander of the Order of the British Empire; holds honorary doctorates from the universities of McGill, Toronto, York, Windsor, Waterloo, Guelph, and Trent; and supports scholarships at Centennial College, George Brown, and Humber College.

MORE INFO: www.jeanaugustine.ca



Randy Maldonado is a Licensed Clinical Social Worker with extensive experience providing trauma-informed services to BIPOC youth and families in New York City and serves as a consultant on topics of racial trauma, boundaries, and radical healing. Randy is also a member of the DDP Racial Equity and Social Justice Committee.

Clinical Reflections DDP Panel



Johanna Stenström holds a Master of Arts (Psychology) and is a Clinical Psychologist, Cognitive Psychotherapist and a DDP Practitioner who has worked in a child psychiatric outpatient clinic in Kymsoke, Finland (Social and Health Services in Kymenlaakso) since 2005.



Elizabeth Studwell is a licensed clinical psychologist specializing in working with children, adolescents, and families. Her passion is working with children and young adults with their families. She has experience working in psychiatric hospitals, behavioral day schools, and community mental health clinics as well as foster care agencies. She has specialized in the area of adoption/foster care and attachment work for over seven years now and have worked in the foster care system in two different countries. One of the most powerful experiences was to have worked at the orphanage in Bogotá, Colombia where she was adopted from. She lived and worked there providing therapeutic support to children and parents as they prepared for adoption as well as for children still working towards reunification. She has many years of experience helping parents and their, often transracially adopted children connect, reconnect and thrive. She primarily works from an attachment-based trauma-focused and dyadic developmental psychotherapy approach which is specifically focused on treating children with early attachment disruptions and trauma specific to those who have been in foster care and/or adopted. She is passionate about and dedicate a great deal of my time to working towards social justice and helping people feel better understood, less alone and more emotionally attuned to.



Hannah Sun-Reid is a Registered Psychotherapist, Certified Play Therapist, Supervisor and Trainer; and a certified DDP Practitioner, Consultant and Trainer. Hannah is also certified or trained in Theraplay, Sandtray Worldplay, EMDR, and TIR. Hannah has 30 years' experience working with children and families who experience life challenges including developmental and emotional difficulties, trauma and loss. Hannah provides supervision and consultation to therapists and organizations; and conducts training

workshops nationally and internationally. Hannah is also an author of children's books and therapeutic games. Hannah lives and works in Ontario Canada. www.hannahsunreid.com

Moderators



Leticia Gracia, M.S.W., R.S.W., is the Director of the Institute of Childhood Trauma and Attachment at The George Hull Centre, a large, community-based children's mental health agency. Having worked with children and families for 25 years, Leticia has extensive clinical experience with a focus on treating trauma and attachment difficulties. Previously the Director of the Community Clinic for 6 years, Leticia has a passion for developing and implementing high quality clinical programs to treat the most complex of cases. Leticia was instrumental in obtaining significant Innovation Grants from the Ontario Centre of Excellence for

Child and Youth Mental Health to implement Dyadic Developmental Psychotherapy in the Community Clinic, and to develop a school-based socio-emotional learning program in partnership with the Toronto Catholic District School Board.



Dr. Sian Phillips is a psychologist who has a private practice and specializes in the assessment and treatment of children who have experienced developmental trauma and the families that look after them. She consults to agencies that are committed to using DDP as a framework to understand and work with biological families as well as foster and adoptive parents. She has developed a specialized school program to work with students whose attachment and trauma difficulties prevent them from accessing regular education. Staff are trained in DDP and DDP principles are an integral part of the programming. She also supports school

boards who are using DDP to developing trauma-informed schools. She has two recent publications: *Belonging: A Relationship-Based Approach for Trauma-Informed Education* (Phillips, Melim and Hughes 2020) and *Working with Relational Trauma in Schools* (Golding, Phillips & Bomber, 2020).



Betty J.B. Brouwer has more than 20 years of experience working with children, and their families. Betty works for the Shalem Mental Health Network, based in Hamilton, Ontario, where she serves as the Director of Shalem's "Linking Lives/Building Attachment" program and as the Artistic Director of Shalem's "RE-create Outreach Art Studio" (a drop-in studio for street-involved youth in downtown Hamilton). Betty works primarily with children, adolescents and their families as well as adults who have experienced trauma and loss in their lives. She finds it an honour and privilege to enter into people's lives and help facilitate

healing and change. In addition to her clinical work, Betty also presents at various conferences and workshops.

Betty uses Dyadic Developmental Psychotherapy as her primary treatment model in her work. In all areas of her life she tries to embody a PACE attitude at work, home and play.

Betty holds a Master's degree in Child and Adolescent Studies from the University of Guelph, Ontario and a Master's level diploma from the Toronto Art Therapy Institute, Toronto.

She is a registered art therapist with the Canadian Art Therapy Association (CATA) and the Ontario Art Therapy Association, and she is a certified play therapist with Play Therapy International and the Canadian Association of Child and Play Therapy.



Courtney Rennie, Ph.D. is a Columbia University trained Clinical Psychologist who runs a psychotherapy group practice, Rennie & Associates, focusing on relationship-based and innovative psychotherapy for children and adults in New York City. Dr. Rennie and her clinical staff specialize in providing attachment-focused family treatment to adoptive and foster care children and their families. Dr. Rennie is also the Co-Founder and former President of the Adoption Foster Care Therapist Network, a collective of mental health professionals specializing in attachment disorders in adoptive and foster care children and their

families throughout New York State, New Jersey, and Connecticut.

In addition to certification in Dyadic Developmental Psychotherapy, Dr. Rennie has received advanced training in Accelerated Experiential Dynamic Psychotherapy (AEDP) for relational and attachment work with adults, as well as Collaborative Problem Solving (CPS) for emotional dysregulation and behavioral issues with children and adolescents. Dr. Rennie has also supervised and taught psychology externs, social workers, post-doctoral fellows and psychiatry PGY-III residents in a range of treatment modalities at New York University Medical Center/Bellevue Hospital, Teachers College/Columbia University, and Yeshiva University

Planning Committee Members

Dr. Greg Lodenquai MD, FRCP(C), Chair
Dr. Taylor Armstrong MD, FRCP (C)
Dr. Daniel Hughes, PhD, C.Psych.
Dr. Sian Phillips, Ph.D., C.Psych.
Dr. Betty J.B. Brouwer, MSc, RCAT, RP
Leticia Gracia, MSW, RSW

Cosponsoring Organization



Special Thanks to the Dyadic Developmental Psychotherapy Institute!

The Dyadic Developmental Psychotherapy Institute (DDPI) is a training institute whose purpose is to provide training, certification, and supervision in Dyadic Developmental Psychotherapy and Dyadic Developmental Practice. DDPI and its overseeing body, the DDPI Board of Directors, were established in 2009.

DDPI is a not-for-profit organisation and is based in the USA. DDPI aims to educate, facilitate, promote and advance Dyadic Developmental Psychotherapy and Dyadic Developmental Practice. DDPI provides a robust certification of this internationally.

DDPI provides a certification process for practitioners and therapists who are using the DDP model of intervention. Certified Practitioners in DDP have demonstrated their knowledge and competence in using the model's core principles in their practice.

This conference was co-developed with the Dyadic Developmental Psychotherapy Institute and was planned to achieve scientific integrity, objectivity and balance.

Continuing Education Credits

The George Hull Centre Institute for Childhood Trauma & Attachment is pleased to offer delegates continuing education credits as follows;

- Therapists, Social Workers, Psychotherapists will be able to download a certificate of attendance.
- The George Hull Centre for Children & Families has been approved to provide 22.5 CE credits through the Canadian Psychological Association for this activity. An official certificate will be emailed to participants following the conference.
- Please contact ddpconference@georgehullcentre.on.ca for all other CPD questions.

Dyadic Developmental Psychotherapy 2021 Conference

Connection at the Core: DDP as a Framework for
Addressing Relational Trauma Across Models and Systems

Hosted by



DDPI



GEORGE HULL CENTRE
FOR CHILDREN & FAMILIES
Changing the
trajectory of children's
mental health.

June 14-16, 2021 Virtual

Conference Agenda

Date: June 14 – 16, 2021

Location: Virtual

On-Demand Available June 1, 2021

Time	Topic	Presenter	Notes
On demand	Stay with It and Stay with Me: Experiential Processing of Deep Relational Experience	Dr. Diana Fosha	5 hours pre-recorded content – CPD's only available to delegates who attend live 1.5 hr Q&A on June 14
On demand	Healing Relational Trauma Through Dyadic Developmental Psychotherapy	Dr. Dan Hughes	5 hours pre-recorded content – CPD's only available to delegates who attend live 1.5 hr Q&A on June 14

Monday June 14, 2021

Time	Topic	Presenter	Notes
9:00 – 9:05	Welcome	Leticia Gracia, Dr. Sian Phillips	
9:05 – 10:30	LIVE Q & A - Healing Relational Trauma Through Dyadic Developmental Psychotherapy	Dr. Dan Hughes	1.5 hr live Q&A for delegates who completed 5 hrs on-demand learning
10:30 - 10:45	Break		
10:45-12:15	LIVE Q & A -Stay with It and Stay with Me: Experiential Processing of Deep Relational Experience	Dr. Diana Fosha	1.5 hr live Q&A for delegates who completed 5 hrs on-demand learning

Tuesday June 15, 2021

Time	Topic	Presenter	Notes
8:15-8:30	Opening Remarks Welcoming Ceremony by Joe Elkerton	Dr. Sian Phillips, Leticia Gracia	
8:30-9:15	Connection at the Core	Dr. Dan Hughes	45 min presentation including Q&A
9:15 – 10:00	AEDP: The Dyadic Healing of Attachment Trauma	Dr. Diana Fosha	45 min presentation including Q&A
10:00 – 10:15	Break		
10:15-10:45	The Integration of Accelerated Experiential Dynamic Processing & Dyadic Developmental Psychotherapy	Dr. Dan Hughes, Dr. Diana Fosha	45 min presentation, 15 min Q&A
10:45-10:55	Honouring Dr. Dan Hughes	Leticia Gracia	
10:55-11:15	Break		

11:15-12:45	Symptoms of Trauma in Young Children & Interventions	Dr. Helen Minnis	60 min presentation, 30 min of breakout groups and Q&A
12:45-1:15	Lunch		
1:15-2:15	Historias De Mis Padres (Stories of my Parents)	Randy Maldonado	45 min presentation, 15 min simulation exercises and Q&A
2:15-2:25	End of day housekeeping		

Wednesday June 16, 2021

Time	Topic	Presenter	Notes
9:00-9:05	Welcome	Dr. Sian Phillips, Leticia Gracia	
9:05-11:15	Indigenous Approaches to Relational Trauma	Dr. Patricia Vickers	65 min presentation, 25 min of meditative practice (internal inquiry) and breath work for self-regulation
11:15-11:30	Break		
11:30-12:30	Clinical Reflections: Panel Discussion on DDP	Dr. Elizabeth Studwell, Johanna Stenström, Hannah Sun-Reid, Dr. Sian Phillips	60-minute interactive discussion
12:30-1:00	Lunch		
1:00-2:00	The Acute and Chronic Effects of Early Life Stress on Brain Development	Dr. Jon Baylin	45 min presentation, 15 min discussion and Q&A
2:00 – 2:30	Whose shame is it anyway?	Hon. Jean Augustine, P.C., C.M., O.Ont, C.B.E.	45 min presentation, 15 min discussion and Q&A
2:30 – 3:00	Closing Remarks	Dr. Courtney Rennie, Betty Brouwer,	

		Sian Phillips, Leticia Gracia	
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