

# Dyadic Developmental Psychotherapy 2021 Conference

Connection at the Core: DDP as a Framework for  
Addressing Relational Trauma Across Models and Systems

June 14-16, 2021 Virtual



Hosted by



## Conference Agenda

**Date:** June 14 – 16, 2021

**Location:** Virtual

### On-Demand Available June 1, 2021

| Time      | Topic  | Presenter       | Notes  |
|-----------|--|-----------------|--|
| On demand | Stay with It and Stay with Me: Experiential Processing of Deep Relational Experience | Dr. Diana Fosha | 5 hours pre-recorded content – CPD's only available to delegates who attend live 1.5 hr Q&A on June 14 |
| On demand | Healing Relational Trauma Through Dyadic Developmental Psychotherapy                 | Dr. Dan Hughes  | 5 hours pre-recorded content – CPD's only available to delegates who attend live 1.5 hr Q&A on June 14 |

### Monday June 14, 2021

| Time          | Topic  | Presenter                         | Notes  |
|---------------|--|-----------------------------------|--|
| 9:00 – 9:05   | Welcome  | Leticia Gracia, Dr. Sian Phillips |  |
| 9:05 – 10:30  | LIVE Q & A - Healing Relational Trauma Through Dyadic Developmental Psychotherapy                | Dr. Dan Hughes                    | 1.5 hr live Q&A for delegates who completed 5 hrs on-demand learning |
| 10:30 – 10:45 | Break  |                                   |  |
| 10:45-12:15   | LIVE Q & A -Stay with It and Stay with Me: Experiential Processing of Deep Relational Experience | Dr. Diana Fosha                   | 1.5 hr live Q&A for delegates who completed 5 hrs on-demand learning |

### Tuesday June 15, 2021

| Time | Topic | Presenter | Notes |
|------|-------|-----------|-------|
|------|-------|-----------|-------|

|               |   |                                      |  |
|---------------|---|--------------------------------------|--|
| 8:15-8:30     | Opening Remarks<br><br>Welcoming Ceremony by Joe Elkerton   | Dr. Sian Phillips,<br>Leticia Gracia |  |
| 8:30-9:15     | Connection at the Core  | Dr. Dan Hughes                       | 45 min presentation including Q&A                        |
| 9:15 – 10:00  | AEDP: The Dyadic Healing of Attachment Trauma   | Dr. Diana Fosha                      | 45 min presentation including Q&A                        |
| 10:00 – 10:15 | Break   |                                      |  |
| 10:15-10:45   | The Integration of Accelerated Experiential Dynamic Processing & Dyadic Developmental Psychotherapy | Dr. Dan Hughes, Dr. Diana Fosha      | 45 min presentation, 15 min Q&A                          |
| 10:45-10:55   | Honouring Dr. Dan Hughes  | Leticia Gracia                       |  |
| 10:55-11:15   | Break   |                                      |  |
| 11:15-12:45   | Symptoms of Trauma in Young Children & Interventions  | Dr. Helen Minnis                     | 60 min presentation, 30 min of breakout groups and Q&A   |
| 12:45-1:15    | Lunch   |                                      |  |
| 1:15-2:15     | Historias De Mis Padres (Stories of my Parents)   | Randy Maldonado                      | 45 min presentation, 15 min simulation exercises and Q&A |
| 2:15-2:25     | End of day housekeeping   |                                      |  |

### Wednesday June 16, 2021

| Time        | Topic   | Presenter   | Notes   |
|-------------|---|---|---|
| 9:00-9:05   | Welcome                                       | Dr. Sian Phillips,<br>Leticia Gracia  |   |
| 9:05-11:15  | Indigenous Approaches to Relational Trauma    | Dr. Patricia Vickers  | 65 min presentation, 25 min of meditative practice (internal inquiry) and breath work for self-regulation |
| 11:15-11:30 | Break   |   |   |
| 11:30-12:30 | Clinical Reflections: Panel Discussion on DDP | Dr. Elizabeth Studwell,<br>Johanna Stenström,<br>Hannah Sun-Reid, Dr. Sian Phillips | 60-minute interactive discussion  |
| 12:30-1:00  | Lunch   |   |   |

|             |   |   |  |
|-------------|---|---|--|
| 1:00-2:00   | The Acute and Chronic Effects of Early Life Stress on Brain Development | Dr. Jon Baylin  | 45 min presentation, 15 min discussion and Q&A |
| 2:00 – 2:30 | Whose shame is it anyway?   | Hon. Jean Augustine, P.C., C.M., O.Ont, C.B.E.                    | 45 min presentation, 15 min discussion and Q&A |
| 2:30 – 3:00 | Closing Remarks   | Dr. Courtney Rennie, Betty Brouwer, Sian Phillips, Leticia Gracia |  |